

The Aspire project

is Adref's Education, Training and Employment scheme which offers confidential, flexible, individualised information, advice, guidance and support

Adref

is a charity which helps and supports people in the Rhondda Cynon Taff and Merthyr Tydfil areas who are homeless or have housing or tenancy related issues.

"I need to get out and meet people"

"I have a chance to go to college but where can I get funding?"

"I have a disability, if I work I will lose my benefits won't I?"

"I don't know what I want to do"

Imagine your life, but better

The Aspire Project

- If you feel the Aspire Project can be of any help, please contact us at:

REGISTERED OFFICE
54-55 BUTE STREET
ABERDARE
CF44 7LD
TEL: 01685 878755
FAX: 01685 881202

www.adref.org.uk
info@adref.org.uk

COMPANY LTD NO. 2459797
CHARITY NO. 703130



INVESTOR IN PEOPLE
BUDDSODDWR MEWN POBL



Addressing homelessness Since 1990

"I need to find a job"

we do not

- restrict our service to Adref clients
- expect you to come to us
- think all people are the same and have the same needs
- tell people what to do or how to do it
- give you the benefit of our advice and then leave you to get on with it (unless that's what you want us to do)
- only accept clients who are on benefits

“I would like to get qualifications but where would I get the money to go to college?”

we do

- offer our service to anyone in our area who has housing issues regardless of the source of income
- see you where it suits you
- adapt our service to meet the needs of each individual
- try to help each individual to identify who they want to be and what they want to do
- help you work out ways to achieve your aims and support you through the process

“I've never had a job. I've got no experience, no qualifications and no references”

● If you want friendly, flexible, confidential information, advice, guidance and support in regard to:

- finding, applying for and getting work
- identifying, applying for and getting into further education or training
- finding out about how voluntary work can help you get work experience, training, references, self esteem, friends, confidence and much more
- finding out about and securing funding

- If you don't know what to do or where to start and you need help with lifeplanning;
- If you need your confidence, self esteem or motivation boosted;

● If you require any form of vocational help or advice - call the Aspire team on
01685 878755